

BENEFIT NEWS

WVCH Provider Resource: Oregon Psychiatric Access Line about Kids (OPAL-K)

June 15, 2018

OPAL-K provides free child psychiatric phone consultation for primary care providers in Oregon.

Oregon Psychiatric Access Line about Kids (OPAL-K) is a collaboration between OHSU's Division of Child and Adolescent Psychiatry, the Oregon Pediatric Society (OPS) and the Oregon Council of Child and Adolescent Psychiatry (OCCAP).



The program expands the availability of high-quality mental health treatment to Oregon youth via timely psychiatric consultation, medical practitioner education, and connections with mental health professionals throughout the state.

This program serves patients under the age of 18.

OPAL K helps with earlier intervention. This may lead to a decrease in complications of untreated mental disorders including hospitalizations and suicides.

"It's nice to know help for me, and my patients, is just a phone call away. I feel more comfortable managing my patients mental health needs having this service available."

- WVCH Provider

Welcome to OPAL-K

Phone

Toll-Free: 1-855-966-7255
Portland Metro: 503-346-1000

OPAL-K call center hours

9 a.m. – 5 p.m.
Monday through Friday, excluding major holidays

OPAL-K is not a walk-in clinic or in-person referral site

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BENEFIT NEWS

How Can Opal-K Help?

- Many children and adolescents in Oregon with mental health issues remain untreated or experience significant delays before beginning treatment.
- OPAL-K provides the support medical practitioners need to care for more patients in their medical home. With OPAL-K, medical practitioners may be able to treat youth with mental health issues right away rather than placing patients on waiting lists to receive care. Earlier intervention may decrease complications of untreated mental disorders including hospitalization and suicides.
- OPAL-K builds a system to help the primary care provider provide the best mental health care possible, using resources available in the community now.
- OPAL-K promotes clinical teamwork through a “biopsychosocial” understanding of children and knowledge of evidence-based treatments, not just prescription of medications or referral to inpatient care
- The program also offers evidence-based support to medical practitioners in need of psychiatric treatment information. Overall OPAL-K helps build a system that allows primary care providers to deliver the best possible care.

All information and content sourced from:

www.OHSU.edu

<http://www.ohsu.edu/xd/education/schools/school-of-medicine/departments/clinical-departments/psychiatry/divisions-and-clinics/child-and-adolescent-psychiatry/opal-k/index.cfm>



DOERNBECHER
CHILDREN'S HOSPITAL
Oregon Health & Science University

Doernbecher Children's Hospital



Oregon Pediatric Society



Screening Tools And Referral Training



Oregon Council of Child and Adolescent Psychiatry



Oregon Health Authority

Register for OPAL-K

If you are a medical practitioner who treats children and you would like to enroll with the Oregon Psychiatric Access Line about Kids (OPAL-K), please register for OPAL-K.

If you have any questions regarding the registration process, please contact their office:

OPALK@ohsu.edu

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Portland Metro 503-346-1000