



WVCH Community Advisory Council Meeting Minutes

Date: November 30, 2017

Time: 11:30 AM to 1:30 PM

CAC Members:

Terri Alexander- <i>Chair</i>	x	Tonya Johnson	x	Staff	
Batisse Wilson- <i>Consumer-Co-Chair</i>	x	Caroline Larsen- <i>Consumer</i>		Stuart Bradley, WVP	x
Nekole Baurer	x	Lisa Lillico- <i>Consumer</i>	x	Carla Bennett-WVCH	x
Erin Boers	x	Heidi Petersen- <i>Consumer</i>		Rob Johnson-WVCH CEO	x
Jamie Brasington- <i>Consumer</i>	x	Victor Reppeto- <i>Consumer</i>		Patricia Godsey-WVCH	x
Rebecca Chávez-Polk County	x	Tina Smith- <i>Consumer</i>		Kathryn McFarland-WVCH	x
Donna Davis- <i>Consumer</i>	x	Angie Torres- <i>PhTech</i>			
Karen Helikson-Marion County					

Guests:

Denyc Boles- Salem Health	x	Sarah Owens	x	Patti Workentin	x
Ken Hetsel	x	Clay Peterson- BCN	x	Dustin Zimmerman-OHA	x
Barb McDowell	x	Amy Watkins	x		

Agenda Topics

Call to Order	The public comment time was called to order at 11:30am.
Public Comment	A guest voiced his experience pretending to be Santa Claus for children in the community this holiday season. He also shared his appreciation for Willamette Valley Community Health (WVCH) and the CAC.
Call to Order; Review of Agenda & Approval of Minutes	The meeting was called to order at 11:43am. Introductions were done around the room. The October CAC meeting minutes were reviewed and approved with corrections. Patricia Godsey introduced the new Community Advisory Council (CAC) Chair Teri Alexander.
Group Guidelines and Purpose Statement	The CAC guidelines and purpose statement were read aloud.
Plans for 2018	The CAC meeting time will continue to be the fourth Thursday of the month from 11:30am-1:30pm. Starting in January, the meetings will be held at Fresh Start Market. The address is 3020 Center Street NE, Salem, OR 97301. In 2018 WVCH will have a quarterly Regional Advisory Council (RAC) meeting within different regions of Marion and Polk County. These meetings will be in addition to the CAC meetings and will help WVCH gather more input from members and providers in different regions. The first RAC meeting will be in Dallas on January 11 th . A question was asked about the Community Health Improvement Plan (CHIP) Strategies and what will happen with the feedback the CAC gave at the October meeting. Ms. Godsey informed the CAC that the feedback will be used to help WVCH meet the CHIP strategies in 2018. Starting in March, WVCH will have a Transformation and Quality Strategy which will incorporate the Transformation Plan and Performance Improvement Projects, and may align with the CHIP.
Review Focus Group Report	Ms. Godsey and Clay Peterson, Behavioral Care Network (BCN), reviewed the process and results of the member communication focus groups. The group reviewed the Focus Group Report provided by Riley Research and Associates.

	<p>The CAC offered the following feedback:</p> <ul style="list-style-type: none"> • In the future, focus groups should be more gender balanced, have more diversity, and include seniors • It would be helpful to provide childcare to make it easier for members to participate in focus groups <p>CAC members and guests also voiced that they appreciated how insightful and thorough the results of the focus group were. It is encouraging that the feedback from these focus groups aligns with conversations that the CAC has had and it is reassuring to know that CAC is representing the community well.</p> <p>Anytime WVCH is working in one of the focus group areas, WVCH will be able to refer back to the focus group data. Examples of where this data will be used are: the CHIP, the Transformation and Quality Plan, and the Performance Improvement Projects.</p>
<p>Word on the Street</p>	<p>CAC members and guests shared the following:</p> <p>The event Working with Older Adults on November 17th was very enlightening. Patrick Brodigan, Older Adult Behavioral Health Specialist for Marion County presented.</p> <p>The Peerpocalypse Conference is in April this year. The conference brings together people who are interested in becoming more involved in the peer community. It is hosted by the Mental Health Association of Oregon. The conference will be bigger this year than it has been in the past. The Behavioral Care Network (BCN) is offering scholarships if you know people who are active in Mental Health and are interested in becoming active in peer roles.</p> <p>The Supplemental Nutrition Assistance Program (SNAP) application forms have changed. Additionally, now you can only get food assistance for 3 months during a 3 year period unless you meet work/volunteer/disability status requirements. Please see the link below for more information. http://www.oregon.gov/DHS/ASSISTANCE/FOOD-BENEFITS/Pages/SNAP-Time-Limits.aspx</p> <p>The Woman, Infants and Children program (WIC) and Head Start offices have flyers for a cooking class specifically for low income households.</p> <p>OSU Extension Services also offers a free cooking class at 6pm on the first Thursday of each month at the Calvary Lutheran Church in Stayton.</p> <p>Project Able has increased their Spanish speaking peer support. They now have 6 trained peer support specialists who are bilingual. Project Able also has a family friendly Holiday with Santa event on December 21st. People can have their picture taken with Santa for free. The fire department has also donated a bunch of toys that they will be giving out for free.</p> <p>Children on vacation again soon so watch out for kids running around after dark and playing in the street.</p>

	<p>This is Pancreatic Cancer Awareness month.</p> <p>WVP has an incentive at Boulder Creek to get a cancer colon checkup. If you bring in your home sample, you receive a \$15 giftcard to Fred Meyer.</p> <p>The ice rink at Riverfront Park has opened.</p> <p>BCN hosts a retreat for people who are interested in becoming a part of the addiction and mental health recovery peer community retreat. BCN has about 60 scholarships a year for people who are new to peer support and are interested in going.</p> <p>There is a Toast Masters group called Peer Masters at the State Hospital that is being moved to Thursday nights. It is a safe place for people who are interested in public speaking and feel more confident talking about issues. It is free to attend, but it costs money to become a member. You can also sponsor people to be a member of Toast Members for a year for about \$100.</p> <p>Just Walk Salem Keizer is hosting a walk along the Keizer lights on December 16th at 6pm. There will be hot chocolate and Santa might join the walk.</p> <p>Marion Polk Food Share, OSU Extension, and Willamette are hosting the 2nd Annual Food Summit on February 3rd at Willamette.</p> <p>Salem Health Foundation is sponsoring a 2nd Annual Night of Remembrance for people during the holidays to remember loved ones. There will be a candle lighting ceremony. It is at Salem Hospital from 7pm to 8pm.</p> <p>In October the OHP call center got 60,000 phone calls and there are 500 people who work in the call center. Over 20,000 people hung up before they could get service. The average wait time was over 35 minutes.</p>
<p>Transformation Projects and Opioid Workgroup Updates</p>	<p>Carla Bennett followed up with the committee to let them know which grants were funded in 2015-2017. Willamette Valley Community Health (WVCH) is hosting a reception for all of the grantees to boost excitement for these projects.</p> <p>One of WVCH's Performance Improvement Projects (PIPs), which are mandated by the state, is to reduce opioid use. Underneath the Transformation and Quality Committee is an Opioid Workgroup. Ms. Bennett shared that the Chief of Police from Woodburn came to a meeting and talked about law enforcement's effort with reducing opioid use. Many people in that meeting thought it was great to see the community's effort towards the same goal. He also voiced that he would be happy to come speak to other groups and providers.</p> <p>The Woodburn Chief of Police also informed the Opioid Workgroup that anyone can take extra prescription drugs to a police station so that there are not extra drugs around the house. A few pharmacies and hospitals take drugs back as well.</p> <p>WVCH just hosted two trainings for an alternative method to taper people off of opioids. There were about 35 providers at those trainings.</p>



CEO Report	<p>Rob Johnson let the committee know that WVCH has been working on strategic planning for 2018 as well as the budget. Mr. Johnson informed the committee that money has been set aside for community reinvestment.</p> <p>Part of the proposition for forming the CCO's is access. Access was to be done through the development of a patient centered primary care home. WVCH providers have been successful with the development of patient centered primary care homes and have reached a certain standard. WVCH providers are going to work towards the highest standard in 2018.</p> <p>In 2018 undocumented children will have access to OHP through CCOs. Different organizations have provided access as part of their charity work in the past. The state has now funded Cover all Kids which gives some access to all kids including undocumented kids.</p> <p>Mr. Johnson informed the committee that CAC will also have the opportunity to report to the Board in Board meetings about 3-4 times a year.</p>
Adjournment/ Next Meeting	<p>The meeting was adjourned at 1:40pm.</p> <p>The December CAC meeting has been canceled. The next meeting is scheduled for 11:30am on January 25th at Fresh Start Market.</p>