



You can have this in large print, another language or a way that works better for you. Please call 1-866-362-4794.

Dear OHP Member,

The Oregon Health Plan has new ways to treat pain. They include acupuncture, physical therapy, chiropractic and movement therapies.

New state and federal guidelines limit the use of opiate pain medicines for pain not caused by cancer. The reason for the change is that we have learned there are safer and better treatments for pain. Opiate medicines are now causing more accidental deaths than automobile accidents. The new guidelines will help prevent accidental deaths.

To support safer pain management, your health plan will now cover the new, safer pain treatments. Some common examples of opiate medicines are hydrocodone and oxycodone. Your doctor can ask for an exception if needed.

Willamette Valley Community Health (WVCH) CCO is working together with community providers to support patients during this time of change.

Talk to your provider about what this change may mean for you.

Sincerely,