

## PCSK9 Inhibitors

Praluent and Repatha are both formulary options. Repatha has a QL restricting use to 140mg q 2weeks. Approval of Repatha 420mg monthly requires trial of Praluent dosed every two weeks (exceptions made for members with homozygous familial hyperlipidemia).

### New Start Criteria

1. Is member being treated for an OHP funded condition?
  - a. Yes; move to question 2
  - b. No; Deny category 1: Not a covered benefit
  
2. Does member have a diagnosis of homozygous or heterozygous familial hypercholesterolemia?
  - a. Yes; move to question 4
  - b. No; Move to question 3
  
3. Does the member have a diagnosis of clinical atherosclerotic cardiovascular disease substantiated by hospital admission, imaging study or surgical procedure:
  - History of myocardial infarction or other acute coronary syndrome
  - Coronary or other revascularization procedure
  - Transient ischemic attack or ischemic stroke
  - Atherosclerotic peripheral arterial disease
  - Coronary atherosclerosis, renal atherosclerosis, aortic aneurysm secondary to atherosclerosis
  - Carotid plaque with 50% or more stenosis
  - a. Yes; Move to question 4
  - b. No; Deny category 3: Not a covered benefit
  
4. Is the member over the age of 18? *Exceptions for pediatric members over the age of 13 with a diagnosis of homozygous familial hyperlipidemia--Repatha only.*
  - a. Yes; Move to question 5
  - b. No; Deny category 3: Not a covered benefit
  
5. Is the medication being prescribed by, or in consultation with a cardiologist, endocrinologist or lipid specialist?
  - a. Yes; Move to question 6
  - b. No; Deny category 5: Not medically appropriate.
  
6. Submitted documentation shows member is a non-smoker or is actively quitting smoking.
  - a. Yes; Move to question 7
  - b. No; Deny category 5: Not medically appropriate
  
7. Member with less than 50% reduction in LDL-C after 12 months of therapy with:
  - High Intensity Statin + ezetimibe

## Hyperlipidemia Agents

### PA criteria—standardized formatting

- Low to Moderate intensity statin if intolerant of high intensity statin + ezetimibe (must include documentation demonstrating inability to tolerate high intensity statin)
  - Ezetimibe AND another LDL lowering agent (bile acid sequestrant, fibrate or niacin), due to failing at least 3 statin agents (must meet statin intolerance criteria)\*
    - a. Yes; Move to question 8
    - b. No; Deny category 5: Not medically appropriate
8. Has member been 80% or greater adherent to maximal drug treatment?
    - a. Yes; Move to question 9.
    - b. No; Deny category 5: Not medically appropriate.
  9. Will PCSK9 inhibitor agent be used in conjunction with maximal LDL lowering therapy?
    - a. Yes; Move to question 10
    - b. No; Deny category 5: Not medically appropriate
  10. Is requested PCSK9 agent formulary? Or has member tried and failed formulary options within the QL?
    - a. Yes; Approve for 12 week trial.
    - b. No; Deny category 5: Not medically appropriate

### Renewal Criteria

1. Does member show 80% or greater adherence to concurrent statin therapy, ezetimibe and PCSK9 inhibitor therapy?
  - a. Yes; Move to question 2
  - b. No; Deny category 5: Not medically appropriate
2. Since initiation of PCSK9 therapy does member show a response of:
  - a. 40% or greater LDL reduction for diagnosis of atherosclerotic cardiovascular disease
  - b. 35% or greater LDL reduction for heterozygous familial hypercholesterolemia
  - c. 20% or greater LDL reduction for homozygous familial hypercholesterolemia
    - a. Yes; Move to question 3
    - b. No; Deny category 5: Not medically appropriate
3. Member maintains recommended behavior modifications
  - Currently a non-smoker or actively quitting smoking
    - a. Yes; Approve for 12 months
    - b. No; Deny category 5: Not medically appropriate

## Zetia Prior Authorization Criteria

### New Start Criteria

1. Is member being treated for an OHP funded condition?
  - a. Yes: Move to question #2
  - b. No: Deny category 1: Not a covered benefit
  
2. Is the member being treated for any of the following?
  - Homozygous familial hypercholesterolemia
  - Homozygous sitosterolemia
  - Primary hyperlipidemia
  - a. Yes: Move to question #3
  - b. No; Deny category 3: Not a covered benefit
  
3. Has member failed therapy on maximally titrated dose of high intensity statins: atorvastatin and Crestor?
  - a. Yes; Move to question 4
  - b. No; Deny category 3: Not a covered benefit
  
4. Does member show 80% or greater medication adherence to high intensity statin?
  - a. Yes; Move to question 5
  - b. No: Deny category 5: Not medically appropriate
  
5. Submitted documentation shows member is a non-smoker or is actively quitting smoking.
  - a. Yes; Move to question 6
  - b. No; Deny category 5: Not medically appropriate
  
6. Is medication intended for use with a high intensity statin?
  - a. Yes; approve for 12 week trial
  - b. No; Move to question 7
  
7. Does member meet criteria for statin intolerance?
  - a. Yes; Approve for 12 week trial
  - b. No; Deny category 5: Not medically appropriate

### Renewal Criteria

1. Has the member showed 80% or greater adherence to current statin + Zetia regimen?  
*Statin adherence will not be evaluated if member approved previously with documented statin intolerance*
  - a. Yes; move to question 2
  - b. No; Deny category 5: Not medically appropriate
  
2. Has member showed improvement in LDL from baseline? Yes: Approve for 12 months No: Forward to MD for medical appropriateness (Cat 5) evaluation
  - a. Yes; Approve for 12 months
  - b. No; Deny category 5: Not medically appropriate

## Hyperlipidemia Agents

PA criteria—standardized formatting

### **Statin Intolerance Criteria for Hyperlipidemia authorization requests**

1. Has the member experienced persistent myalgia or myopathy on 2 separate trials (at least a 3 month trial) of moderate- or high-intensity statins separated by an adequate washout period (2-4 weeks) in the last 12 months—AND-
2. The member failed rechallenge with a third statin agent, including a low-intensity statin and/or alternate dosing strategies such as every-other-day statin dosing-AND-
3. Severe and intolerable adverse effects occurred with every trial of statin, and other potential causes were ruled out (low vitamin D levels, sudden increase in intense or prolonged physical activity, drug interactions with statins, other metabolic or inflammatory causes)

-----OR-----

4. Documentation of at least ONE of the following lab values or incidents;
  - CK increase above the upper limit of normal during statin therapy
  - LFTs increase above the upper limit of normal during statin therapy
  - Hospitalization due to severe adverse event such as rhabdomyolysis presumed to be due to statin therapy
  - Severe muscle weakness leading to temporary disability, fall, or inability to use a major muscle group presumed to be due to statin therapy (e.g. unable to stand from a seated position, etc.)
  - Contraindication to statin therapy (e.g. decompensated liver disease, pregnancy, nursing female, hypersensitivity reaction)